

## FOR IMMEDIATE RELEASE

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## CRISTA SENIOR LIVING JOINS THE FIGHT AGAINST CANCER AT RELAY FOR LIFE

**Shoreline, WA (June 10, 2011):** On Saturday June 4 and Sunday June 5, CRISTA Senior Living, part of the CRISTA family of ministries, gathered with community members at Woolsey Stadium on the CRISTA campus in Shoreline to participate in the American Cancer Society's Relay for Life. Participants raised funds and awareness to eradicate the devastating effects of the disease that affects more than 3.5 million people in the United States each year. Relay for Life gives communities a chance to celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease by raising monies towards finding a cure. The teams camped out on the field for 24 hours with a team member walking on the track at all times.

For CRISTA Senior Living residents Loretta Brayman and Yoshi Mizono, this was a personal opportunity to "fight back" against a disease that is the second leading cause of death in our country. Cheered on by participants, Loretta and Yoshi joined other survivors in walking the first lap of the relay.

Led by Cristwood Park Fitness Coordinator, Carolyn LongSoldier, the 15 total residents started off the relay together and took turns walking during the 24 hours of the event. The residents' enthusiasm completely embodied this year's theme, "Celebrate, Remember, Fight Back." Walking around the track, residents enjoyed the sunny weather and each other's company, while sharing stories, and interacting with other participants—including the many King's Schools students who attend class on the same campus. In addition, to raise funds for cancer research, Team CRISTA Seniors helped serve lunch at the concessions stands and nearing sunset, they participated in the luminaria ceremony, lighting the perimeter of the track with illuminated bags bearing the names of those who have battled cancer.

CRISTA Senior Living is proud to support residents who have survived or are currently battling cancer, and is committed to supporting efforts to eradicate the disease. For more information on CRISTA Senior Living, contact Kellie Moeller (206-289-7782, kmoeller@crista.net). CRISTA Senior Living offers two retirement communities: Cristwood in Shoreline, Wash. (just north of Seattle) on the 55-acre CRISTA campus and Crista Shores on the shores of Dyes Inlet in Silverdale, Wash.

### CRISTA: A FAMILY OF MINISTRIES

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